

LISTENING EXERCISE

.....

1. Match the words with their definitions:

- | | |
|---------------------|--|
| 1. to look into | a. to rise, to go up |
| 2. fear
danger. | b. an anxiety caused by the presence of |
| 3. step out | c. to become bigger |
| 4. spirit | d. to go outside for a short time |
| 5. horizon | e. intersection of the earth and sky |
| 6. grow | f. to experience sensations |
| 7. ascend | g. to observe, to investigate |
| 8. to feel
mind, | i. the part of a human associated with the
will and feelings. |

Now check your answers here:

1-g, 2-b, 3-d, 4-i, 5-e, 6-c, 7-a, 8-f

Good job!

II. Now I will teach you a new tense!

The Present Perfect

We use it when we talk about an action that is still going on or that stopped recently, but has an influence on the present. It puts emphasis on the result...

There are also other uses of this tense and you will learn more about them soon..!

Examples:

What **have you done** today...?
I **have done** 2 units **today!**
I **haven't watched** TV today but I **have read** a very good book!
He has learnt many English verbs recently.

The structure:

Person + have (Or has for He/She/It) + past participle

Past Participles:

do- did- **done**

learn-learnt-**learnt**

leave- left-**left**

You see how easy it is..

III. You already know what the verb 'to feel' means... but are you 100% sure how to pronounce it?

Remember about the long "[i:] " sound ... now say..: '**to feel**'... and be careful... it is often mispronounced and then it sounds like "to fill"([fɪl])... which is another verb with different meaning, spelling and pronunciation...

You can **feel** ([fi:l]) happy now and **fill in the gaps** ([fɪl]) listening to our song: **Proud** by Heather Small

ready...?

1. First, try to fill in the gaps with the following words:

horizon, into, done(9), feel, step, spirit, fears, ascending(2), out

I look 1 _____ the window of my mind

Reflections of the 2 _____ I know I've left behind

I 3 _____ out of the ordinary

I can feel my soul 4 _____

I am on my way

Can't stop me now

And you can do the same

What have you 5 _____ today to make you feel proud?

It's never too late to try

What have you 6 _____ today to make you feel proud?

You could be so many people

If you make that break for freedom

What have you 7 _____ today to make you feel proud?

Still so many answers I don't know

Realise that to question is how we grow

So I step 8 _____ of the ordinary

I can 9 _____ my soul 10 _____

I am on my way

Can't stop me now

And you can do the same

What have you 11 _____ today to make you feel proud?

It's never too late to try

What have you 12 _____ today to make you feel proud?

You could be so many people

If you make that break for freedom

What have you 13 _____ today to make you feel proud?

We need a change

Do it today

I can feel my 14 _____ rising

We need a change

So do it today

'Cause I can see a clear 15 _____
What have you done today to make you feel proud?
So what have you done today to make you feel proud?
'Cause you could be so many people
If you make that break for freedom
So what have you 16 _____ today to make you feel proud?
What have you 17 _____ today to make you feel proud?
What have you 18 _____ today
You could be so many people?
Just make that break for freedom
So what have you done today to make you feel proud?